



Adelaide Eagle News

"Teaching the Mind By Encouraging the Heart."

NOVEMBER 2009

Emergency Information

If you wake up to snow, ice or other natural disasters or emergency situations, you **MAY** find that schools in Federal Way have changed to an emergency schedule or even cancelled. The best way to receive the most up-to-date information is to go on-line to www.fwps.org/. Other options are to listen to the news on television or the radio. If Federal Way School District is **NOT** listed, you can assume school will be on the regular schedule.

If Federal Way schools **are** listed, you will see/hear one of the following:

"CLOSED" means that **NO** schools in Federal Way Public School District will be in session for that day only. It also means there will be no "out-of-district" transportation. Students who attend "out-of-district" classes will **NOT** receive transportation, even if the hosting district is in session. All scheduled athletic and activity events are also cancelled.

"2 HOURS LATE" means classes will begin two hours later than normal. Bus pick-up schedules will also be two hours later than normal. Buses will start their routes on the two-hour late schedule, but road and traffic conditions may impede progress, so the buses could be running later. Classes will dismiss at the normal time. Buses may be on **EMERGENCY ROUTES**. Emergency bus routes can be viewed on the district website at www.fwps.org/info/bus/emergency/. Handouts will be distributed to all bus riders on Monday, Nov. 23. Please ask your child for this important paper.

When schools begin late, the following classes or programs **will NOT operate**:

- AM shuttles; AM O.S.C.
- AM kindergarten; AM pre-school
- AM/PM ELO; activity buses
- AM/PM headstart; elementary breakfast
- AM/PM ECEAP programs

"LIMITED BUS TRANSPORTATION" means that part or all of some routes will not be covered because of an emergency situation.

"NO TRANSPORTATION" means schools are open, classes are in session, but **NO BUSES** will be operating. This includes "in-district," "out-of-district" and "Special Needs" buses.

Please do not call the school or district office for information. Please use the district website, radio or television for up-to-date information.

Important Dates

This Month:

POPCORN

Friday, Nov. 20

Eagle Effort Assembly

Wednesday, Nov. 25

9:00 AM—K-2

9:30 AM—3-5

EARLY DISMISSAL

Wednesday, Nov. 25

1:20 PM

Thanksgiving Break

November 26-27

DECEMBER

POPCORN

FRIDAY, Dec. 18

Holiday Sing-Along for Staff & Students

Friday, Dec. 18

Adelaide Family Celebration Night

Friday, Dec. 18

WINTER BREAK

Dec. 21—Jan. 1



Family Partnership Office Supports Parents

The Family Partnership Office coordinates parent partner support networks, trainings and workshops for parents interested in supporting their students' academic success. For details, call 253-945-2273 or send an email to tmoores@fwps.org or go online to <http://www.fwps.org/info/family/>.

The chart below may be used as a guideline to help you determine the type of illness you or your children are suffering when not feeling well. Continue to call your doctor when necessary, and remember to keep children home 24 hours after fever breaks.

Differences Between COLD, SEASONAL FLU and H11N1 Symptoms			
<u>SYMPTON</u>	<u>COLD</u>	<u>SEASONAL FLU</u>	<u>H1N1</u>
FEVER	Fever is rare.	Fever is common.	Usually present in up to 80% of all flu cases. Usually 101 +.
COUGHING	Hacking, productive (mucus-producing) cough is often present.	Dry, hacking cough is often present.	A non-productive (non-mucus producing) cough is usually present (dry cough)
ACHES	Slight body aches and pains can be part of a cold.	Moderate body aches are common.	Severe aches and pains are common.
STUFFY NOSE	Commonly present and typically resolves spontaneously within a week.	Commonly present.	Not commonly present.
CHILLS	Uncommon.	Mild to moderate.	60% of people who have H1N1 experience chills .
TIREDDNESS	Fairly mild.	Moderate; more likely referred to as lack of energy.	Moderate to severe .
SNEEZING	Commonly present.	Commonly present.	Not common.
SUDDEN SYMPTONS	Tend to develop over a few days.	Tend to develop over a few days; include flushed face, loss of appetite, dizziness and/or vomiting/nausea. Usually last 4-7 days, depending on the individual. Diarrhea is common.	Rapid onset within 3-6 Hits hard and includes sudden symptoms like high fever, aches and pains. Usually last 4-7 days, depending on the individual. Diarrhea is common.
HEADACHE	Fairly uncommon.	Fairly common.	Very common and present in 80% of cases.
SORE THROAT	Commonly present	Commonly present.	Not commonly present.
CHEST DISCOMFORT	Mild to moderate	Moderate. <i>If it turns severe, seek medical attention immediately!</i>	Often severe .

