

Gator Sports Medicine

Gator Sports Medicine...

**Integrity
Opportunity
Responsibility
Hard Work**



Meet fun and interesting people...



...like me!!!

Join the Team!!!

What it's all about!!

Rest

History

Ice

Observation

Compression

Palpation

Elevation

Special Tests

Learn to tape...

...an ankle

...a thumb

...a wrist

...an elbow

...turf toe!

...or just about anything!!!



Nutrition

Anatomy

Physiology

Myology

First Aid & CPR

Modalities

Wanted!!



Student Athletic Trainers

Become A Member of the Team

Assist coaches, athletes, athletic trainers, and team physicians as a member of the Sports Medicine team.

- Apply the skills you'll learn in class
 - take care of common sports injuries
 - manage a training room
 - assist with rehabilitation
- Work with sports teams
- Go to Decatur's Home & Away games for your sport

Decatur Sports Medicine

Sports Medicine is a course focused on students interested in a medical health profession. However, it is also a valuable class for those students concerned about their own health & fitness. This course will integrate the study of anatomy, nutrition, drugs (steroids, ephedra, etc), physiology of exercise, First Aid & CPR, prevention and care of athletic injuries, the fitting and construction of protective equipment, and much more.

AVAILABLE COURSES

SPORTS MEDICINE 1 & 2

Credits

.5 per semester
2 Semester Course

Prerequisite

First Aid/CPR recommended,
Freshman Science 1 & 2

Special Information

Occupational Ed Credit,
Science Credit (crossover)

SPORTS MEDICINE 3 & 4

Credits

.5 per semester
2 Semester Course

Prerequisite

Sports Medicine 1 & 2,
First Aid/CPR recommended

Special Information

Occupational Ed Credit,
Science Credit (crossover)

SPORTS MEDICINE 5 & 6

Credits

.5 per semester
2 Semester Course

Prerequisite

Sports Medicine 3 & 4,
First Aid/CPR recommended,
Instructor Permission

Special Information

Occupational Ed Credit,
Science Credit (crossover)

SPORTS MEDICINE LAB

Credits

.5 per semester-VOC
2 Semester Course

Prerequisite

Must be taken with Sports
Medicine Class,
First Aid/CPR recommended,
Instructor Permission

Special Information

Occupational Ed Credit,
After School Class,
Science Credit (crossover)

Christy Gross, ATC, Instructor

Decatur High School

Sports Medicine Program

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