



FEDERAL WAY HIGH SCHOOL

DEPARTMENT OF ATHLETICS
30611 16th Ave S. - Federal Way, WA 98003
PHONE: (253) 945-5400
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2009 Eagle's Girls Swim/Dive (Central Division)

Administration

Principal: Lisa Griebel
Asst.-Principal: Meredith Maurer
Asst.-Principal: Jerry Warren
Asst.-Principal: Mike Conrath
Admin Support: Rosemarie Burke
Admin. Intern: Chad Littrell
Admin. Intern: Jordane Nevin
Office Manager: Robyn Jackson
Bookkeeper: Jacki Racus

Fall Varsity Head Coaches

X-Country (Boys): Jean Licari
X-Country (Girls): Jean Licari
Football: John Meagher
Golf (Boys): Mike Minahan
Soccer (Girls): Jason Baumgardt
Swim/Dive (Girls): Carla Boone
Tennis (Boys): Jerome Collins
Volleyball: Pat Adkins
Fall Cheer: Jamie Tough
Dance/Drill: Pat Adkins

Winter Varsity Head Coaches

Basketball (Boys): Jerome Collins
Basketball (Girls): Dan Graham
Gymnastics: Jamie Tough
Swim/Dive (Boys): Carla Boone
Wrestling: Travis Mango
Winter Cheer: Jamie Tough
Dance/Drill: Pat Adkins

Spring Varsity Head Coaches

Baseball: Dan Graham
Fastpitch: Rosemarie Burke
Golf (Girls): Tim McManemy
Soccer (Boys): Jason Baumgardt
Tennis (Girls): Carmen Ferguson
Track & Field (Boys): Sam Beesley
Track & Field (Girls): Jean Licari
Spring Cheer: Jamie Tough
Dance/Drill: Pat Adkins

Athletic Office

Athletic Director: Miguel Perez
Secretary: Dodie Conklin
Athletic Trainer: Melissa Hardin

Federal Way High School

Mascot: Eagles
Enrollment: (9-12)
WIAA District: 3
League: SPSL 4A (North/Central)

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Site</u>	<u>Time</u>
Mon.	Aug. 24	First Day Of Practice		
Thur.	Sept. 10	Decatur	KCAC	3:00 pm
Thur.	Sept. 17	Todd Beamer	Home	3:00 pm
Fri.	Sept. 25	Autumn Relays (D-3pm S-5pm)	Rogers	
Tues.	Sept. 29	Fife (No Dive)	Away	3:30 pm
Thur.	Oct. 1	Auburn Riverside	Home	3:00 pm
Thur.	Oct. 8	Curtis	Away	6:45 pm
Tues.	Oct. 13	Auburn	Home	3:00 pm
Thur.	Oct. 15	Thomas Jefferson	Away	3:30 pm
Tues.	Oct. 20	Graham-Kapowsin	Home	3:00 pm
Thur.	Oct. 22	Non Qualifiers (D-11:45am S-3pm)	Tahoma	

Post Season Schedule:

Sat. Oct. 24th SPSL @ Curtis
Thur. Oct. 29th WCDIII (Dive) @ Foss
Fri./Sat. Oct. 30st & Oct. 31st (Swim) @ Rogers
States: Fri./Sat. Nov. 13-14 @ KCAC

Coaching Staff:

Head Coach: Carla Boone
Var. Asst.: Tammy Taylor

Home Event Site: Federal Way Community Center