

2009/2010

## Athletic Eligibility Packet

Athletes: Complete all forms contained in this packet and return to the athletic office.

*Sports eligibility clearance begins on:*

Fall : August 1<sup>7th</sup>    Winter: Nov. 2<sup>nd</sup>    Spring: Feb. 22<sup>nd</sup>

### **Before you are cleared to turn out you must:**

1. Complete all forms (be sure parent or guardian signatures are included!)
  - Physical Form (*Physicals are good for 24 months and must not expire during the sports season; except for incoming 9<sup>th</sup> graders who need a new physical to participate in high school athletics*). White Cardstock
  - Emergency Card *Salmon Cardstock*  
(*All athletes must be covered by insurance and insurance information must be provided. If you do not have insurance, there are forms in the Main office to purchase a Student Health Care Plan*).
  - Parent Permission *Blue Regular Paper*  
(*All athletes must be covered by insurance and insurance information must be provided. If you do not have insurance, there are forms in the Main office to purchase a Student Health Care Plan*).
  - Athletic Eligibility Form *Gray Regular Paper*
  - Athletic Code *Yellow Regular Paper*
2. Purchase an ASB card.
3. Have no outstanding athletic fines.
4. Pay your participation fee.
  - \$120 per sport (not to exceed \$240)
  - \$50 for Free and Reduced Lunch (A Release of Free and Reduced Information form must be filled out. Forms are in the Main Office.)
5. **Attention incoming 9<sup>th</sup> graders and new student to FWHS-please bring a copy of your 2009 end of the year grades (most previous semester) for a grade check.**

After clearance you will receive participation slip for your coach. This is your ticket for practice. Have a great season!