

Federal Way High School

Eagle Times



Principal, Lisa Griebel

Assistant Principals: Mike Conrath, Jerry Warren & Jenny Williams

Administrative Interns: Chad Littrell & Jordanne Nevin

30611 16th Ave S. • Federal Way, WA 98003

Main Office 253-945-5400 • Attendance 253-945-5419 • Fax 253-945-5454 • <http://www.fwps.org/fwhs>

Principal's Message

Valued Parents and Guardians,

As the principal of Federal Way High School, I welcome all parents, guardians, and students to the 2009-2010 school year. This will be my 19th year in the Federal Way School District, my 6th year as an Eagle, and my 4th year as principal here. I love FWHS!

Our school has two goals:

- Goal One: Be a Smart School by increasing student achievement.
- Goal Two: Be a Good School by providing a safe and supportive learning environment.

Federal Way High School continues to purposely include *students* and *families* in our two goals. One of the opportunities for *students* to be involved in these two goals is through **IGNITE**. **IGNITE** is a program designed for students by students. Student leaders mentor freshmen, design activities to improve school culture, and work to include all students in the activities and operations at Federal Way High School. See the article in this newsletter titled **IGNITE** for more information. *Families* also have the opportunity to be involved in these two goals. Involvement in your student's education is a key to his or her success. There are many different ways for families to stay engaged with their students. See the article in this newsletter titled **Outreach Committee** for more information.

In addition to working together with our students and families to improve academic achievement and provide a safe and supportive learning environment, we are proud to watch the continued growth this year of our programs like **AVID** (Advancement Via Individual Determination), **JROTC** (Air Force

Junior Reserve Officer Training Corps), and the **Cambridge** Preparatory Program. Our **Advanced Placement Program** continues to expand with more students taking AP courses and taking the AP exams. See other articles in this newsletter about these programs.

The 2009-2010 school year kicks off with Eagle Days. This provides students the opportunity to turn in their required paperwork and preview their fall schedule to check for errors. Please see the article titled **Eagle Days** for more information. Freshmen orientation acclimates our new 9th graders to Federal Way High School. See the section of the newsletter titled **Freshmen Orientation** for more information.

This year, the first day of school for students is on Thursday, September 3rd. See the section called **September 3rd: First Day of School** for a list of activities happening that day. The major focus for the first day of school will be specific orientation activities for all new to Federal Way High School students, including freshmen.

Please let me know how Federal Way High School can assist you in educating your student. Welcome, again, to the Home of the Eagles!

Sincerely,

Lisa Griebel

Principal, Federal Way High School

Please welcome the following new staff to FWHS: Wayne Bliss (Band), Jal Caneva (Social Studies), Cruz Salinas (Secretary), Shannon Smith (Science), and Jared Wren (World Language).

The District shall provide equal educational opportunity and treatment for all students in all aspects of the academic and activities program without regard to race, creed, color, national origin, gender, marital status, sexual orientation including gender identity, or non-program related physical, sensory or mental disabilities (consistent with RCW 49.60). District programs shall be free from sexual and malicious harassment.



Federal Way High School

WELCOME TO THE HOME OF THE EAGLES!



Eagle Days All Grades

Thursday, August 20, 11:00 – 6:00
Friday, August 21, 8:00 – 2:00

Turn in your:

- Yellow Emergency Card
- Health History form
- Pick up your schedule
- Get your locker assignment
- Get your parking pass
- Pay your fees (ASB, yearbook, planner, parking, athletic participation fee).

The event starts in the cafeteria. Please enter through the main entrance or the back parking lot entrance.

Please be prepared for the activity to take up to an hour or more to complete.

First Day of School
Thursday, September 3rd

- Orientation activities for all freshmen and others new to FWHS.
- All returning students are welcome to participate in these organized activities or be in an extended advisory class.

Friday, September 4th

- Welcome Back Assembly
- Extended Advisory
- Shortened 6 period day

New Parent/Guardian Orientation

Are you a parent or guardian new to Federal Way High School?

Please join us on Thursday, September 3rd, at 8:00 am in the cafeteria for a parent/guardian orientation to Federal Way High School.

This informational meeting will be repeated at 6:00 pm.

******NEW ATTENDANCE LINE PHONE NUMBER******

The 24/7 attendance line phone number is: 253-945-5419



Counselors' Corner

By: Chad Littrell, Counseling Department Head
August 2009

Counselors

Mary Weis A-H & Cambridge A-K
Deanna Gooding I-R & Cambridge L-Z
Chad Littrell S-Z & All AVID
Kamrica Ary-Turner, Counseling Intern

Career & College Specialist

Carla Boone

Guidance Support Specialist

Debbie Estes

Curriculum Support Specialist

Joan Wrigley

Welcome Back!

We are looking forward to a great 2009-2010 school year, and we hope that you are, too. We want to partner with parents to seek academic success for all of our students. It is a team effort. We invite you to access grades on-line at anytime by going to www.fwps.org/fwps and clicking on the "Grades on-line" tab at the top right of the page. You can also check attendance, tests scores, and more.

We also ask that you keep open communications with your son or daughter's teachers. We are always happy to assist you, but the teachers have the most up-to-date information regarding grades and your child's progress.

What is your grade level?

The number of credits earned determines grade level. Students must earn:

- 5.5 credits to be a 10th grader
- 11.5 credits to be an 11th grader
- 17.5 credits to be a 12th grader

Students who fail classes generally continue taking the next grade-specific courses & pursue alternative options for retrieving credit at a later date. Counselors can guide students through the various options for retrieving credit.

What about the graduation year or "Class of"?

9th Graders this year will be Class of 2013. The "Class of" will not change, regardless of credits throughout their high school career.

Seniors:

- ✓ Are you going to a 4-year college? If so, you need to take the SAT or ACT ASAP! For the SAT go to www.collegeboard.com or for the ACT go to www.act.org to register.
- ✓ Begin your college applications and essays now. Application deadlines can be as early as Dec. 1.
- ✓ Check in at the Career Center to find out which colleges or military reps will be visiting FWHS. You can sign up to meet with them.
- ✓ Check in the Career Center for available scholarships and scholarship applications.

Juniors:

- ✓ We recommend that students take the SAT or ACT towards the end of this year. After having completed a full year of schooling, students are generally better prepared as opposed to taking it following a long summer with no studies.
- ✓ Considering a Military Academy? Now is the time to see Ms. Boone in the Career Center to begin this long application process.

Sophomores:

- ✓ If you failed any classes last year, you should consider your options for making up the lost credit. Your counselor is an excellent resource to use for exploring your options.

Freshmen:

- ✓ Grades count now towards your future. Remember all of your semester grades will be on your permanent high school transcript that you will send to colleges, vocational schools, and possibly future employers.
- ✓ Some freshmen struggle academically in the beginning. We ask that parents partner with us to support them in organization, monitoring their grades weekly, communicating with teachers before grades are D's and F's, and talking with your student about their progress.



Federal Way High School

Who Should I Call?

Register a new student smorgan@fwps.org	(253) 945-5407
Student transfers/ withdrawals smorgan@fwps.org	(253) 945-5407
Choice enrollment smorgan@fwps.org	(253) 945-5407
Athletics mperez@fwps.org	(253) 945-5422
Transcripts smorgan@fwps.org	(253) 945-5407
Summer school grades Report your student's absence pshelby@fwps.org	(253) 945-4301 (253) 945-5419
Puget Sound Skills Center Internet Academy www.iacademy.org	(206) 433-2525 (253) 945-2230
Cambridge Coordinators lgriebel@fwps.org (9-11)	(253) 945-5401
Password to view your student's grades, attendance, and fees online	(253) 945-5402
Testing Information jwrigley@fwps.org	(253) 945-5551
PSAT, SAT, ACT Information cboone@fwps.org	(253) 945-5417
Counselors: Mary Weis mweis@fwps.org	(253) 945-5425
Deanna Gooding dgooding@fwps.org	(253) 945-5424
Chad Littrell clittrell@fwps.org	(253) 945-5426
Kamrica Ary-Turner (Intern) kaarytur@fwps.org	(253)945-5530

New Student Registration will begin Monday, August 10th. Please call or stop by the school as soon as possible after that date to make an appointment to register your student.

Moving?

If you are moving and know that your student will not be at Federal Way High School next year, please call the counseling office at 253-945-5407 or 253-945-5408 after August 10th in order to complete the withdrawal process.

GRADING PERIOD DATES

(Report Cards sent home approximately the week after the grading period ends)

1. 10/19/09
2. 12/07/09
3. 1/28/10—End of first semester
4. 3/15/10
5. 5/3/10
6. 6/16/10—End of second semester
Last day of school

On line grade access codes and instructions will be sent home in September.

2010 HSPE

(High School Proficiency Exams)

Formerly known as the WASL

DATES:

March 16	Reading
March 17, 18	Writing
April 13	Math
April 15	Science

ELL SUMMER REGISTRATION

Who: Kindergarten through 12th grade
Korean, Russian and Spanish speaking families

When: August 10 – August 27

Where: The Commons at Federal Way

Time: 10:00 am – 6:00 pm



State and District Graduation Requirements

By: *Jenny Williams, Assistant Principal*

Students must meet the following state and district requirements to graduate from high school:

1. Earn 23.5 credits in specific classes

2. Complete a Master Portfolio (This includes two state graduation requirements: Culminating Project AND High School and Beyond Plan)

3. Meet state requirements in Reading, Writing, and Math

1. Earn 23.5 Credits

- 4 English
- 3 Mathematics (must include algebra competency)
- 4 Social Studies
- 2.5 Science
- 1 Occupational Education
- 2.5 Health & Fitness
- 1 Fine Arts
- 5.5 Electives

2. Master Portfolio (Culminating Project and 13th Year Plan)

Students will complete a Master Portfolio in their senior year. The Master Portfolio will be a collection of a student's best work from his or her classes (known as the student's Culminating Project) AND a collection of work showing a student's plan for life after high school (known as the 13th Year Plan). Students will be working on components of the Master Portfolio in classes and in advisory each week. Students will present his or her Master Portfolio progress to

parents or guardians at Student Led Conferences in October and March.

3. Meet state requirements in Reading, Writing, and Math

To meet Reading and Writing requirements, students MUST PASS the state Reading and Writing tests to graduate. The state has renamed the high school tests-- instead of calling the tests the WASL (Washington Assessment of Student Learning), we will now call the tests the HSPE (High School Proficiency Exams). Students have met the Reading and Writing requirement when a student has passed one of the following Reading and Writing state testing options:

- WASL (offered in years past)
- HSPE (offered this year)
- Earn a qualifying score on a state approved testing alternative such as the SAT, AP exam, etc

To meet the Math requirement, students must do one of the following:

- Pass a state math test such as the Math WASL (offered in years past) or the Math HSPE (offered this year)
- Earn a qualifying score on a state approved testing alternative such as the SAT, AP exam, etc
- If a student does not pass the state math test or approved alternative, **a student MUST earn one credit of math each year until the student graduates.**



Federal Way High School

STUDENT ATTENDANCE INFORMATION

By: Jerry Warren, Assistant Principal

Regular school attendance is necessary for students at FWHS to be successful with their educational program.

What to do when your student is absent?

- Contact FWHS via telephone, email or fax regarding your student's absence.
Phone: 253-945-5419 (hotline: leave message 24/7)
Fax: 253-945-5419 (must include parent/guardians signature)
Email: pshelby@fwps.org
- All absences will result in an automated phone call regardless of whether or not the parent/guardian has called. If your phone number changes or you would like the auto dialer to call a different number than the one listed on your student's emergency card, please contact the attendance secretary at 253-945-5419.
- If no contact has been made within 48 hours of the student's absence, your student's record will indicate truancy.
- Seven unexcused absences in a calendar month or ten in a school year require that the school file a Becca petition with the King County Juvenile Courts. We suggest that absences for three (3) or more days be "pre-arranged" through the Attendance Office.

What to do when your student needs to leave school during class time?

- Students **are not** allowed to leave campus without an Off Campus pass from the Attendance Office. **They will be considered truant if they do so.** Send your student to the Attendance Office before school with a note or call ahead to (253) 945-5419 excusing your student for their appointment. Your student will be given an Off Campus pass and will be able to meet you at the designated time and place.

- Students must check back with the Attendance Office when returning to class in order for the computer to track which periods he or she has missed.

ATTENDANCE IS MOVING!!!

To be more convenient for parents and guardians, attendance is moving back to the reception desk in the Cafeteria.

****NEW ATTENDANCE LINE PHONE NUMBER****

The 24/7 attendance line phone number is: 253-945-5419

WASHINGTON STATE LAW

REQUIRES: All youths are required to attend school, or another approved educational program, until they are 18 years of age or have a diploma or a GED certificate. Parents can file a Becca Petition, an At Risk Youth Petition or a Child in Need of Services Petition under this law. To find out more about this Compulsory School Attendance Law, go to:

<http://www.netrokc.gov/proatty/Truancy>

For questions concerning the Becca Bill and your student at Federal Way High school, please contact our Becca Secretary: Cruz Salinas @ 253-945-5408, option 4 or email: csalinas@fwps.org.



FWHS DRESS CODE

By: Mike Conrath, Assistant Principal

Please read before back to school shopping!!

ATTIRE AND GROOMING STANDARDS

Students in the Federal Way Public Schools are expected to dress in a manner that reflects pride and respect for themselves and their school and is appropriate for the serious work of learning. It is generally expected that student dress shall be clean and appropriate for the activity in which the student is engaged. The following shall be prohibited by each school or alternative program's student dress code:

1. No clothing presenting a reasonable expectation of a material and substantial disruption of the education process, damage to school property, or a health or safety hazard.
2. No head coverings, hats, do-rags, bandannas or scarves will be worn inside the building during the school day. (6:00 a.m. to 4:00 p.m.). Hats may be worn at athletic or activity events after 4:00 p.m. Headbands can be worn up to 1 inch in width.
3. No sunglasses may be worn inside the building.
4. No pajamas, slippers, halter tops or any shirt that is short enough to expose the stomach, pants that are unusually low riding and are worn low on the hips revealing undergarments.
5. No bare midsections or bare shoulders are allowed. Spaghetti Strap tanks are not allowed. Straps must be 1 inch in width.
6. No excessively short shorts, skirts or dresses. High slits are also disallowed. (Extended fingertip length is the shortest allowed). No distracting or revealing clothing. No see-through clothing is allowed.
7. No roller skates, in-line skates, shoes with wheels, skateboards and the like are allowed in the school area. If a student brings such items, he/she will store them in his/her locker.
8. No piece of clothing that promotes violence; contains sexual, drug, alcohol, tobacco and/or

illegal substance content; or contains obscene language or pictures is allowed.

9. No clothing that symbolizes gang membership or which displays gang-related words, symbols, messages, or pictures will be allowed.
10. No underclothing should be visible.
11. No attire that glorifies crime.

Parents and Students:

Please look for your yellow emergency card in this newsletter. Your signed and completed emergency card must be turned in before your student can pick up their schedule.

No exceptions will be made!
Freshmen must turn in their health history form.



Bring Your Parent/Guardian to School Day And Homecoming BBQ Friday, October 2nd

- Parents and/or Guardians, come join your student for all or part of the day.
- BBQ begins before the game
- Homecoming football game vs. Tahoma at 7:00 pm



Federal Way High School

ATHLETICS

Fall Sports:



- Boys & Girls Cross Country
- Girls Swim & Dive
- Football
- Boys & Girls Golf
- Boys Tennis
- *Girls Soccer
- *Volleyball

Winter Sports:



- Boys Swim & Dive
- Wrestling
- Gymnastics
- *Boys Basketball
- *Girls Basketball

Spring Sports:



- Boys & Girls Track & Field
- Girls Tennis
- *Baseball
- *Fastpitch
- *Boys Soccer

* = Cut Sport (tryouts for limited number of roster spots)

Parent/Guardian Athletic Meeting Nights
FWHS Gym/Cafeteria
6:00 pm – 7:00 pm

These are required meetings that outline the athletic expectations and give parents/guardians the opportunity to talk to coaches.

Fall: September 1st
 Winter: November 24th
 Spring: March 9th

ELIGIBILITY

By: Miguel Perez, Athletic Director

Fall sports eligibility clearance begins on Monday, August 17th.

2009/2010

Athletic Eligibility Packet

Athletes: Complete all forms and return to the main office.

Eligibility forms are located in the Main Office or online at:

<http://www.fwps.org/fwhs> and follow the links to athletics.

Sports eligibility clearance begins on:
Fall: August 17th Winter: Nov. 2nd
Spring: Feb. 22nd

Before you are cleared to turn out you must:

1. Complete all forms (be sure parent or guardian signatures are included!)
 - Physical Form (*Physicals are good for 24 months and must not expire during the sports season; except for incoming 9th graders who need a new physical to participate in high school athletics*). *White Cardstock*
 - Emergency Card *Salmon Cardstock* (*All athletes must be covered by insurance and insurance information must be provided. If you do not have insurance, there are forms in the Main office to purchase a Student Health Care Plan*).
 - Parent Permission *Blue Regular Paper*

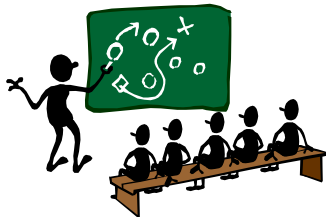


(All athletes must be covered by insurance and insurance information must be provided. If you do not have insurance, there are forms in the Main office to purchase a Student Health Care Plan).

- Athletic Eligibility Form *Gray Regular Paper*
 - Athletic Code *Yellow Regular Paper*
2. Purchase an ASB card. (\$35)
 3. Have no outstanding athletic fines.
 4. Pay your participation fee.
 - \$120 per sport (not to exceed \$240)
 - \$50 for Free and Reduced Lunch (A Release of Free and Reduced Information form must be filled out. Forms are in the Main Office.)
 5. **Attention incoming 9th graders and new students to FWHS—please bring a copy of your 2009 end of the year grades for a grade check. All incoming 9th graders need a NEW physical.**

After clearance, you will receive participation slip for your coach. This is your ticket for practice. Have a great season!

Athletic Director's Office:
Athletic Director, Mr. Perez: 253-945-5422
Secretary, Mrs. Conklin: 253-945-5402
Assistant Principal in charge of Athletics, Jerry Warren: 253-945-5405



Traffic Safety Registration

By: Nancy Pomeroy, Traffic Safety Secretary

Learn to Drive this year by signing up for Traffic Safety Classes. Our fall session begins Monday, September 21, and ends Wednesday, November 19. Classes are offered after school Mon. /Wed. or Tues/Thurs. at Decatur, Federal Way, Thomas Jefferson and Todd Beamer High Schools. Night classes from 6:00 p.m. to 8:00 p.m. are offered at Thomas Jefferson High School on Mon/Wed. evenings. Students must be 15 years old before class starts to register for Traffic Safety classes. Enrollment forms are available at each High School or on line at www.fwps.org under traffic safety. The registration fee is \$400.00 and can either be paid in full at time of registration or use our payment plan. Payment may be made by cash, check, money order, or VISA/Master Card. The Traffic Safety office hours are Monday – Friday 7:30 am – 3:00 pm. The Traffic Safety Office is located on the campus of Thomas Jefferson High School. For further information about all of our classes you can go to our web site at www.fwps.org, under Traffic Safety, or contact Mike Grady at (253) 945-5731 or e-mail mgrady@fwps.org.



PARKING PERMITS

To obtain a 2009-2010 Parking Permit, students must:

- Complete the Parking Permit Application
- Show proof of a valid driver's license
- Show proof of vehicle registration
- Show proof of insurance
- Pay the required fee
- Have no outstanding fines or fees
- Return completed Parking Pass Application to Mrs. Louwsma in the main office

Students are responsible for knowing WHERE to park. The back parking lot is open to all students and the gates are locked during the day. The gravel lot south of the school is unlocked for students who have partial schedules at FWHS or who have received an off campus pass for an appointment, from Mrs. Shelby, during the day.



Federal Way High School

*From Our School Nurse,
Mrs. Shoemaker:*

Medication at School: Washington State law permits school staff to administer medication only in limited situations. Parents and health care providers are urged to give medication outside of school hours. Medication is defined to mean all drugs, whether prescription or “over-the-counter”. No student may give, dispense, or administer any medication or remedy to another student. Students in grades 6-12 shall not be in possession of over-the-counter or prescription drugs or medication/remedies on school grounds, except as provided herein. Students with special health concerns are advised to keep a 72-hour, emergency supply of any life-saving medication and food available.

Prescription Medications: Any medication needs to be in the original labeled container, accompanied by a doctor’s order and parent’s signature and is to be kept in the health room. In situations where the parent/guardian, principal, and school nurse believe it is in the best interest of the student that he/she carry the prescription medication, the student shall carry written permission from the parent and physician, indicating the name and dosage of the medication, plus dates and times to be given. Only one day’s dosage shall be carried by a student (inhalers excluded). The original permission form will be on file in the Health Room. A student may NEVER carry controlled drugs.

Non-Prescription Medication: Students in grades 6-12 may be in possession of over-the-counter (non-prescription) medication/remedies on school premises under the following conditions:

1. Students must carry written permission from parent/guardian indicating what over-the-counter medicine and dosage student may take.
2. Student must carry only one school day’s dosage.

Please contact and inform the school nurse at (253) 945-5409 if your student has health issues that affect learning and/or safety.

Free or Low Cost Medical Coverage

Your children may qualify for free or low cost medical coverage.

- Immigration status does not matter
- This insurance covers medical, dental, vision, mental health, substance abuse counseling and more!
- We can even help you find a doctor or dentist for your child.

An application is available at any Public Health Center or Community Clinic.

Or, call for information:

Cindy Maizog, (206) 296-3949

Carmen Olvero, Spanish, (206) 296-3948

Russian, (206)296-3948

Total Number In Family (including yourself)	Monthly Income Limit for free coverage	Monthly Limit for Low-cost coverage
1	\$1,805	\$2,708
2	\$2,429	\$3,643
3	\$3,052	\$4,578
4	\$3,675	\$5,513
5	\$4,299	\$6,448
6	\$4,922	\$7,383
For each additional Family member add:	\$624	\$935



By: Lt. Col. (Ret.) Randy Long
Senior Aerospace Science Instructor

Our Air Force Junior Reserve Officer Training program, the 52nd Eagle Squadron, had its best year ever at Federal Way High School. We had a strong enrollment of 76 students that learned about space and the universe we live in, led 29 community service projects, went on 14 field trips, and competed at regional drill meets with 18 other JROTC units. For these reasons, Headquarters AFJROTC selected Federal Way AFJROTC as a distinguished unit, the highest award a program can earn.

First and foremost, the goal of AFJROTC is "To build better citizens for America." We do this together using a wide variety of classroom lessons, guest speakers, teambuilding exercises, community service projects, co-curricular events, local field trips, and summer leadership schools. We feel student involvement in these activities enriches their AFJROTC and Federal Way High School experiences.

AFJROTC is a student-led program! Master Sergeant Will Smith and I provide instruction and guidance along the way, but we take a hands-off approach – we're always nearby to help out, of course. As we begin in the fall, key student leadership positions are filled with experienced seniors and juniors. From there, many other students are placed in the squadron organization where they can best use their talents.

Master Sergeant Smith and I are excited about next year's opportunities as we begin our fifth year at the Home of the Eagles. If your child is interested in AFJROTC please let us know! You can stop by during the summer or we can be reached at 945-5539 or e-mail rlong@fwps.org. We look forward to talking with you!

FWSD Family Partnership Office

The Federal Way School District's Family Partnership Office would like to hear ideas from parents and staff about simple ways parents can support their student's learning at home.

The department would like to gather the best ideas and tips to share with parents who want to support their children's academic success, but whose work schedules do not allow them to participate in school meetings, committees or activities.

To share your ideas you can call 253-945-2273, or send an e-mail to tmoore@fwps.org or schedule an in person appointment at a location and time most convenient for you.



BY: Jacki Racus, Bookkeeper

Parents:

Please take advantage of the mail-in registration form included with this newsletter. Your receipt will be ready for pick-up during Eagle Days, eliminating standing in the long fee line and making Eagle Days quicker for your student. Also, keep in mind that if your child has outstanding fines or fees due from last school year, it will keep them from being eligible for their fall sport until it has been paid or cleared. Your student's fines are currently posted on the district grades on-line website. Bookkeeping will be open August 10th at 8:00 a.m. for fine/fee payments or for returning outstanding textbooks.



Federal Way High School

FWHS – A Safe and Supportive School

By: Mike Conrath, Assistant Principal

We at Federal Way High School pride ourselves in our efforts toward providing a safe and supportive learning environment for all students. This year, we will be talking a lot about helping students become *Smart* and helping them become *Good* by focusing our efforts on character. As a *Smart & Good High School*, FWHS is committed to developing both performance character (excellence, work hard, achieve goals, etc) and moral character (ethical, contribute to the community, responsible citizen, etc). We will rely upon the support of everyone to achieve these lofty goals.

As we begin a new school year, we want to call upon that support by reminding you about a few things. For one, the importance of regular school attendance. Remember, FWHS is a closed campus and students should not leave during the day without checking out with the attendance office and should always bring a note after an absence. Also, we ask for your help in keeping electronic devices, such as phones and music players, out of the learning environment. They disrupt the efforts we are making. Finally, we encourage you to monitor your student's attendance and grades regularly, either online or by contacting the school.

More information about these and many other topics will be discussed during "new to Federal Way High School" orientation on September 3rd as well as during Advisory classes during the school year. Specific details are available in the Student Handbook and the school district's Rights and Responsibilities book. Working together we can make all FWHS students a product of a *Smart & Good School*.

SAVE THE DATE **Life After High School**

October 21, 2009 6:30 PM
Todd Beamer High School
35999 16th Ave. S.
Federal Way, WA 98003

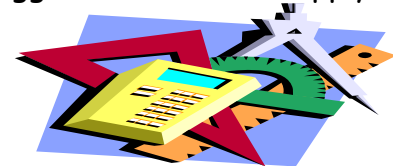
Students and parents can attend seminars or discuss 13th year plans with over 60 four-year colleges and universities, community colleges, technical schools, military academies, apprenticeships, specialty schools and more.

Federal Way welcomes back IGNITE!

Ignite supports FWHS's Goal Two: Be a Good School by having a safe and supportive learning environment. Ignite is a student mentoring program to assist with Freshmen Orientation and help Freshmen get a jump on high school life. Power of One training as well as cultural sensitivity training will be offered to all students involved in the program. Freshmen transitioning into Federal Way High School will be given an opportunity to become involved in school life from the first moment they enter the building. IGNITE also is involved with all activities to improve the school culture. IGNITE has been so successful that the program is extending to all of the high schools in the Federal Way School District.

The first mentor training is August 10 and 11 for all selected mentors.

Suggested Student Supply List



- 3 Ring Binder for Master Portfolio (Grade 11 & 12 only)
- 3 Ring Binder (Minimum 2 inch)
- Notebook Dividers
- Page Protectors
- 6 Manila folders for classroom portfolios
- Pencils
- Pens
- Calculator (Scientific for some classes)
- Paper
- Highlighter
- Independent reading material
- Spiral Notebooks
- Ruler/Protractor (Grades 9-10 and any WASL prep classes)
- PE clothes if taking a PE class

Teachers will give more specific information in classes.



AVID

Advancement Via Individual Determination

Federal Way High School is proud to be a National Demonstration site for AVID. Only 100 schools out of over 3,000 schools reach this status. Over 270 students are enrolled in this college prep program. If you have questions, contact our AVID site coordinator, Karin Weberg at 253-945-5440, AVID counselor, Chad Littrell at 253-945-5426 or AVID Administrator, Jerry Warren at 253-945-5405.

MARK YOUR CALENDARS, PARENTS!

- **Arena Conferencing** on Monday, 10/5 at 5:30 in the FWHS cafeteria.
- **Senior Parents Information Night** on **Monday, 10/5** at 6:30pm in the FWHS Library.

Watch for evening, monthly parent informational meetings, too.

Outreach Committee

By: Jerry Warren, Assistant Principal

Here come the OC!

Are you a parent or community member who wants to get involved in our school? Please take time to call or send an email about joining the Outreach Committee. It is our goal to increase parent and community involvement at FWHS by setting up this committee. Formerly known as the Parent and Community Involvement Committee, the Outreach Committee will be in charge of Bring Your Parents to School Day, as well as hold monthly meetings in the evenings, for parents with a focus topic. Please email or call Jerry Warren, Assistant Principal if you want to be a part of the OC at 253-945-5404 or jewarren@fwps.org.

Senior Portrait Specifications for the Yearbook

It's time to get your child's senior portrait taken if you haven't already. Pictures are due to the yearbook staff no later than **October 15, 2009**. Portraits received after this date are not guaranteed to be included in the yearbook. Portrait specifications:

- Head and shoulder shots only
- Plain background preferred in gray or blue
- Photo size: 1 ¾ inch tall by 1 ½ inch wide (can be larger as long as the head sized is correct)
- Head size from top of head to chin: 1 inch maximum
- No outdoor shots or bright background
- Photos must be vertical
- Color photos. No black and white
- No full body, no props
- **NO HEAD COVERINGS**

PICTURE DAY



September 9, 2009

ALL students will have their picture taken on Wednesday, September 9th. These are the photos that go in the yearbook for Grades 9 – 11. Picture packets will be sent home during Advisory class and will also be available in the Main Office.

RETAKE day is October 13, 2009

District Book List

Watch for the Federal Way School District approved booklist. It will be sent home from your student's English teacher.



Federal Way High School

Cambridge

Cambridge Parents and Students:

We appreciate the patience of Federal Way High School's Cambridge students and parents as we together make a transition in program support. Our district remains committed to the excellence of Cambridge as it continues its expansion to Lakota Middle School, Sacajawea Middle School, and Wildwood, Lake Grove and Adelaide Elementary schools. As part of the reallocation of resources due to state education budget reductions, the coordinator duties for Cambridge will be shared among several qualified and excellent staff members at Federal Way High School this year. We are also anticipating additional support from our district office in terms of a designated staff member to insure the continued growth and excellence of not only Cambridge AICE (Advanced International Certificate of Education), but IB (International Baccalaureate) and AP (Advanced Placement) as well. This individual should be available in mid September.

In the mean time, please review these FAQ (Frequently Asked Questions) we have gotten about Cambridge this summer.

Q: When do Cambridge Students start school?

A: All Class of 2013 (**Freshmen**) Cambridge students:
Attend Eagle Days to check your class schedules, get lockers, and familiarize yourself with the building.

Participate in the Freshmen Orientation Activities on September 3rd and Sept 4th.

•All Grade 10-12 Cambridge students
Attend Eagle Days to check your class schedules and get lockers.

Attend your extended Cambridge Advisory on September 3rd.

Q: I am a new Cambridge student, who do I ask about registration?

A: Until the school year starts, contact Jordanne Nevin by emailing jnevin@fwps.org

Q: If I have a problem with my schedule at Eagle Days, who do I see?

A: Ms. Mary Weis and Ms. Deanna Gooding will be available during Eagle Days to fix schedule problems.

Q: If I have a typical counseling question, like arranging a meeting with all of my student's teachers or getting assistance with a peer conflict, who do I contact?

A: Contact Mary Weis at (253) 945-5425 or Deanna Gooding at 945-5426.

Q: What if I have an issue or concern with one of my classes?

A Please begin by contacting your teacher.

Q: What if I can not get this concern resolved with this teacher?

A: Contact the principal, Lisa Griebel at (253) 945-5401.

Q: What if I have career or college questions?

A: Contact Mary Weis or Deanna Gooding who may direct you to contact Carla Boone, our Career and College Specialist.

Q: Who do I call about Cambridge Testing?

A: Contact Joan Wrigley at (253) 945- 5551.

Q: What about summer homework?

A: Each Cambridge student has English summer homework. They should have received their summer reading and assignments through their English class, if not, please contact the appropriate English teacher via email.

ADVANCED PLACEMENT

All Pre AP 9th and 10th graders may choose to take one or more Pre AP courses in Science, Social Studies or English. These courses prepare students for AP courses. Pre AP Chemistry is available for juniors or seniors. Juniors and seniors may choose from a selection of AP courses. AP courses prepare students for the rigor of college courses.

All students planning on attending college should take at least one Pre AP or AP course a year.

AP course offerings for the 2009-10 year include:

AP Biology, AP Chemistry, AP Statistics,
AP Calculus, AP Junior English, AP Senior English, AP U.S. History, AP Civics, and AP Art Studio.