

## ***Advance Sports Medicine 6<sup>th</sup> Period***

Fall 2007 – Spring 2008

Mr. Lombardo

[plombard@fwps.org](mailto:plombard@fwps.org)

(253) 945-5438 Classroom

(253) 945-5508 Training Room

(253) 740-4439 School Cell

Federal Way's Sports Medicine Program is a three-year comprehensive course covering sports medicine, athletic training and emergency procedures. Students will learn elements of anatomy, physiology, biomechanics, kinesiology, basic athletic training procedures, skills and hands-on techniques. The course will specifically address the needs of students who desire to make medicine a career in the future. The course is multifaceted and allows students to have an in-depth sampling of sports medicine and related fields.

This course is an extension of Science and Practice of Sports Medicine and must be taken concurrently. In class lab sessions covering training room operations, taping and wrapping, athletic injury assessment, advanced first aid, use of modalities, record keeping, rehabilitation and time management skills. Students will also have the opportunity to observe surgeries if time permits.

### **Attendance:**

This class adheres to the Federal Way High School's guidelines for Absences and Tardiness:

- Reference attached sheet
- Any questions please refer to your student handbook

### **Missing Work:**

If you miss class, it is solely **your responsibility** to obtain and complete missing work. If you miss class due to an excused absence, you will have until the date of your class exam for each unit to hand in missing work. Unexcused absences may not make up missing work.

### **Late Work:**

Late work can be accepted until the date of the following exam, but any work submitted after its original due date will be worth 50%. Incomplete work will receive a score of ZERO (0).

### **GENERAL EXPECTATIONS:**

- Students will attend class regularly
- Students will bring all materials to class: notebook, paper and pen/pencil
- Students will participate in class discussions and hands-on activities
- Students will show respect for the teacher and other students by not talking and by actively listening while the teacher is presenting material or other students are presenting.
- The classroom will be clean and orderly when you enter it; it will also be this way when you leave it.

➤ **Electronic Devices: Please refer to student handbook!**

**Grading Policy:**

Your grade will be based on the number of points that you accumulate throughout the semester. *Cheating of any kind, including plagiarism, will not be tolerated. Any work that is found to be copied from, or identical to, another piece of work will receive a zero. All work must be original and in your own words. This includes looking at another student's work on a test or using unauthorized notes on an exam.*

*\*Note: You are in Advanced Sports Medicine you will be required to be in the Work-Coop experience run through Mr. Jacobus*

Classroom grading is composed of six parts:

**Exams:** There will be four to five exams given over the course of the semester.

**Quizzes:** Students are expected to be ready for a quiz for each chapter that is covered. Chapter quizzes maybe combined.

**Projects:** Project guidelines will be given out when project is assigned.

**Homework:** There will be homework given out in the form of worksheets that will need to be completed before the next class period. Failure to complete the homework assignments can be turned in late for half credit, after that no credit.

**Classroom participation (notes and discussion):** meaning notes need to be up to date and discussion about chapter topics is encouraged. Notes and discussion are there to help the student with studies and review time. These notes will periodically checked for points towards final grade.

**Attendance:** Because you will be earning daily participation points as part of your total grade, regular class attendance, attention, and preparedness is imperative for the satisfactory completion of the course. These points are deducted if you are absent, tardy, not on task, or disruptive to the learning environment in ANY way.

**NOTE: Those students who cannot complete taping competencies will not be able to continue with Advance Sports Medicine class. However, they may take my intro level class to understand the concepts of Athletic training. This is assessed in the beginning of the school year.**

Athletic Training (Graded by Mr. Lombardo & Mr. Jacobus) composed of

**50% Hours:** All students will spend a minimum of 360 hours each year in the training room.

**25% Attendance:** All students will be expected to be at all games and practices unless given permission to miss by head trainer of their sport. Mr. Lombardo must give Head trainers permission

**10% Coach Evaluation:** Coaches will be given a evaluation of their training staff. This evaluation will be scored out of 20pts. Failure to score 15pts or more will result in a 10% deduction of the student's total grade.

**15% Instructor Evaluation:** I, Mr. Lombardo will give an evaluation of student's development in the program. Failure to score 15pts or more will result in a 15% deduction of the student's total grade.

**Grading Scale:**

A	100-92%
A-	91-90%
B+	89-88%
B	87-82%
B-	81-80%
C+	79-78%
C	77-72 %
C-	71-70%
F	Below 70%

**Cheating Policy:** Students are expected to do their own work, including homework. Even if you are allowed to work together on an assignment, your answers should not be identical to your partners. The first time caught cheating you will lose points from the assignment. Subsequent offenses will result in an office referral and possible loss of credit for the class.

**For more information, please consult the student handbook**

**If you or your student has any questions what so ever, please don't hesitate to contact me at the above numbers. My planning period is 1<sup>st</sup> period**



Please detach and return this portion to Mr. Lombardo. Keep the above for your records.

I have read and understood this syllabus for Intro to Sports Medicine 2006-2007 school year.

\_\_\_\_\_  
Parent / Guardian Signature                      Date

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Student Signature                                      Date