

**Please do not throw away! Keep in your binder!**

Intro To Sports Medicine  
Fall 2007 – Spring 2008  
Mr. Lombardo  
plombard@fwps.org  
(253) 945-5438

This class is designed to introduce the basic sports medicine concepts:

- Prevention of athletic injuries
- Recognition, evaluation and immediate care of athletic injuries
- Rehabilitation and reconditioning of athletic injuries
- Healthcare administration and professional development and responsibility
- Emphasis will be placed upon vocational skills and experiences required in allied health professions. Students have an opportunity to use their skills/knowledge in real world situations.

**Textbook:**

Introduction to Sports Medicine and Athletic Training: Robert C. France



Due to the shortage of books, I use a class set, so if a student needs a book for extra study time they may come after school to check a book out with me and only me. Students will be responsible for the book financially if the book is not returned to me before the start of the following school day.

**Attendance:**

This class adheres to the Federal Way High School's guidelines for Absences and Tardiness:

- Any questions please refer to your student handbook

**Missing Work:**

If you miss class, it is solely **your responsibility** to obtain and complete missing work. If you miss class due to an excused absence, you will have until the date of your class period's next exam to turn in the work. **Unexcused absences may not make up missing work.**

**Late Work:**

Late work can be accepted until the date of the next exam, but any work submitted after its original due date will be worth 50%. (those students with excused absences)  
Incomplete or unsatisfactory work will receive a low score or a ZERO (0).

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**GENERAL EXPECTATIONS:**

- Students will attend class regularly
- Students will bring all materials to class: notebook, paper and pen/pencil
- Students will participate in class discussions and hands-on activities
- Students will show respect for the teacher and other students by not talking and by actively listening while the teacher is presenting material or other students are presenting.
- The classroom will be clean and orderly when you enter it; it will also be this way when you leave it.
- **Electronic Devices: Please refer to student handbook!**
- **Students will not be allowed to use the bathroom during class! You need to use your time wisely before class!**

**Grading Policy:**

Your grade will be based on the number of points that you accumulate throughout the semester. *Cheating of any kind, including plagiarism, will not be tolerated. Any work that is found to be copied from, or identical to, another piece of work will receive a zero. All work must be original and in your own words. This includes looking at another student's work on a test or using unauthorized notes on an exam.*

Your grading is composed of six parts:

**Exams: (40%)** There will be four to five exams given over the course of the semester.

**Quizzes: (20%)** Students are expected to be ready for a quiz for each chapter that is covered. Chapter quizzes maybe combined.

**Homework/Assignments: (20%)** There will be homework given out in the form of worksheets that will need to be completed before the next class period. Failure to complete the homework assignments can be turned in late for half credit, after that no credit.

**Classroom participation (notes/discussion): (10% participation, 10% Do Now's)** meaning notes need to be up to date and discussion about chapter topics is encouraged. Notes and discussion are there to help the student with studies and review time. These notes will periodically checked for points towards final grade. (Do now's)

**Attendance:** This class adheres to Federal Way High School's new attendance policy. Failure to attend class on a regular basis will result in a failure grade. Those who miss class unexcused or excused are responsible for contacting me for work the student may have missed due to absence. In addition, you will receive an attendance grade according to the following:

- Each student receives an automatic score of **100/100** points.
- The first **4** absences (excused/unexcused) **will not** result in deduction of points.
- After **4** absences (excused/unexcused) the student **will loose** 10 points each day. If you get to 0 (zero) points, it can get worse. Grade Machine will take negative numbers.
- **School related** authorized absences do not apply. For example; sports, drama, speech, band, choir, fieldtrips, ets.
- Tardies will result in detention served to make up time. **3** tardies result in **1** unexcused absence, which will affect your attendance points.

**Note: Attendance grade (points) will be calculated at the end of the semester.**

**Projects:** Project guidelines will be given out when project is assigned.

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**Grading Scale:**

- A 100-92%
- A- 91-90%
- B+ 89-88%
- B 87-82%
- B- 81-80%
- C+ 79-78%
- C 77-72 %
- C- 71-70%
- F Below 70%

**Cheating Policy:** Students are expected to do their own work, including homework. Even if you are allowed to work together on an assignment, your answers should not be identical to your partners. The first time caught cheating you will lose points from the assignment. Subsequent offenses will result in an office referral and possible loss of credit for the class.

**For more information, please consult the student handbook**

**If you or your student has any questions what so ever, please don't hesitate to contact me at the above number. My planning period is 1<sup>st</sup> period**

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Please detach and return this portion to Mr. Lombardo. Keep the above for your records.

I have read and understood this syllabus for Intro to Sports Medicine 2006-2007 school year.

\_\_\_\_\_  
Parent / Guardian Signature                      Date

Phone Number:

Home \_\_\_\_\_

Cell \_\_\_\_\_

\_\_\_\_\_  
Student Signature                                      Date