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# MEREDITH HILL MESSENGER

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January 2005

Cindy Kelsey, Principal  
Mary Jane Henry, Office Manager

Jane Arthur, Secretary  
Lynette Edwards, Office Clerk

Dear Meredith Hill Families:

On January 20th, the Federal Way School District would like the opportunity to share with you the AIDS Prevention Curriculum which will be presented to students in grades 5 through 12. These curricula focus on the transmission and prevention of the disease, emphasizing abstinence. The district has adopted *The Great Body Shop* and *KNOW* for this area of study.

The AIDS Omnibus Bill (2SSB 6221) of the State of Washington which was passed in 1988 indicates the following:

Sec. 402 "Students shall receive such (AIDS) education at least once each school year beginning no later than fifth grade," and Sec. 402 "No student may be required to participate in AIDS prevention education if the student's parents or guardian, **having attended one of the district presentations**, objects in writing to the participation."

Curriculum used at each grade level will be presented from 6:30 – 7:30 p.m. in different rooms at the ESC, located at 31405 18th Ave. S., according to grade levels so that you have the opportunity to preview the materials that will be used at your child's level.

**This presentation is for parents only.**

If you need further information, please call Vicki Osten, Curriculum Specialist, at (253) 945-2126.

Sincerely,

Cindy Kelsey  
Principal

## Music Concert Season

Mark your calendars for the upcoming Meredith Hill music concerts. Students will perform in an afternoon assembly/concert and an evening performance at 7:00 p.m. on these dates:

- \* January 19 and June 7—Honor Choir & Steel Drum Concert
- \* March 8—2nd and 3rd Grade Music Concert
- \* April 21—Kindergarten and 1st Grade Music Concert
- \* May 12—4th and 5th Grade Music Concert.

## Track Coach Needed

Meredith Hill Elementary is looking within the school community for a coach/coordinator, with current First Aid/CPR certification, to lead its 2005 track program. Practices begin mid-March and continue through the middle of May, with meets scheduled on Saturdays at Federal Way High School Memorial Stadium. We have one part-time volunteer to assist the coach, and there is a stipend available for the position. If you are interested, please contact the Meredith Hill office.

## Community Celebration

The Federal Way Diversity Commission, and the Martin Luther King Celebration Committee invites the public to attend the twelfth annual Martin Luther King, Jr. Day Community Celebration. The annual event, which honors Dr. King's contributions to humanity and celebrates the spirit of community within Federal Way, will be held on Monday, January 17, 2005, from 10:30 a.m. to 12:30 p.m. in the Decatur High School Performing Arts Center, 2800 S.W. 320th Street, Federal Way.

## JANUARY Calendar

- 7– Geography Bee Classroom Preliminaries
- 11– Geography Bee in Library 12:40
- 13– Cookie Day
- 14– Martin Luther King Assembly 10:00 am
- 17– NO School  
Martin Luther King Holiday
- 19– Steel Drum/Honor Choir Concert 7:00 pm
- 20– HIV/STD Preview  
ESC Board Room 6:30
- 27– Cookie Day

## FEBRUARY Calendar

- 10– Cookie Day
- 21-25– Midwinter Break

## Jump Rope for Heart

On Monday, February 7th, through Thursday, February 10th, our school is holding a Jump Rope for Heart event to raise funds for the American Heart Association during Physical Education classes.

This event offers many benefits. First, the money our school raises will help fund potentially lifesaving research into heart and blood vessel disease and stroke, our nation's No. 1 and No. 3 killers. It will also fund the development of educational materials that teach the importance of heart health and staying fit. Our school also earns gift certificates for Physical Education equipment.

A permission slip is only required if your child would like to participate in the fundraising efforts for this event. This permission slip can be found on the flap of the Participant Collection Envelope that was sent home last week.

If you have any questions about the Jump Rope for Heart event, please contact T.J. Navilio at [tnavilio@fwps.org](mailto:tnavilio@fwps.org) or call 253-945-3221.

## Sick Children

Please don't spread germs; keep sick children at home. We know it can be difficult sometimes deciding whether or not to keep your child home from school. It seems like they often wait until the last minute to mention they don't feel well. Here are some guidelines to help make that decision. Please keep your child home if he/she has any of these symptoms:

- \* Vomiting
- \* Diarrhea—two or more loose, watery stools in the past 24 hours.
- \* Rash—children should stay home for any undiagnosed rash covering their bodies. They do not need to stay home if the cause of the rash is known and it is not contagious.
- \* Thick drainage from the eye (this could be pink eye).
- \* Sore Throat—especially with a fever or swollen glands in the neck.
- \* Fever—children should stay home with any temperature of 100 degrees or higher. We recommend children stay home until they are fever-free for 24 hours.

District policy is that children with ANY of the following symptoms must be sent home:

- \* Temperature of 100 degrees or higher.
- \* Any vomiting or diarrhea at school.
- \* The presence of any of the following untreated communicable diseases: Head lice, scabies, measles, mumps, rubella, chicken pox, Strep throat and/or scarlet fever, pink eye, ringworm and impetigo.

## School Emergency Website

[www.schoolreport.org](http://www.schoolreport.org) is a website designed to disseminate crucial school emergency information as quickly as possible. During emergency conditions, the school district will be making regular updates to this site throughout the day.

Parents can also tune to local television or radio stations for news of school weather closures or crisis situations.