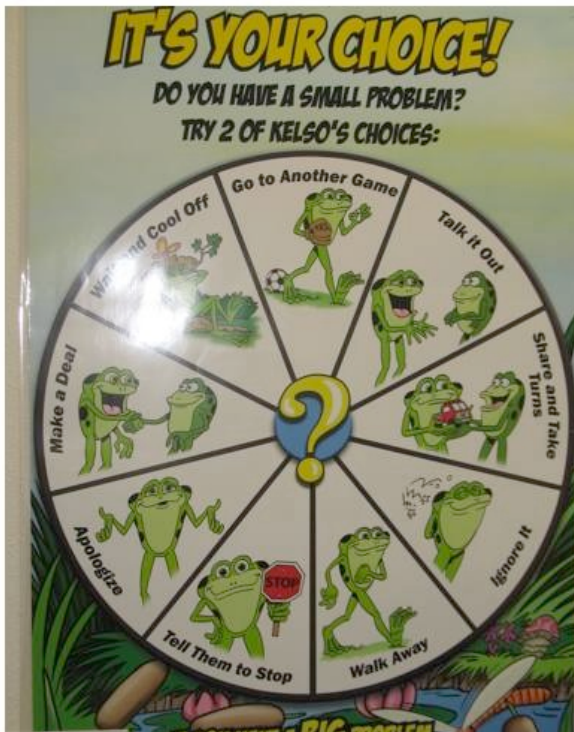


# From the Counselors

**Dear Students and Parents of Sherwood Forest:**

**We are pleased to be reconvening as a team in your counselor office again for the 2009-2010 school year. Our work schedule will be identical to last year with Mrs. Burgi working Monday, Tuesday, and Wednesday until noon. Mrs. Paradee will be working Wednesday afternoon, Thursday, and Friday (with a few exceptions during the year ).**

**Both Mrs. Paradee and Mrs. Burgi are believers in teaching social skills to all students within our school. We implement the teaching part of our work on a rotating schedule in which one of us will be in your child's classroom every 15<sup>th</sup> school day for a lesson during the whole school year. If your child is in a regular 5<sup>th</sup> grade classroom, it will be two lessons in that 15 day rotation this year in order to include additional curriculum we feel pertinent for middle school preparation. Our main school wide curriculum will continue to be Kelso's Choices. We encourage you to reiterate the Kelso wheel (below) at home with your child. It is an excellent model for encouraging personal responsibility, communication and also clarity for when to involve adults in difficulties children encounter. In addition we utilize other curriculum for social problem solving in various grade levels but Kelso's Choices is the only curriculum we teach in all the grade levels at Sherwood Forest.**



**This is one of two versions of the Kelso's Choices curriculum poster we use in grades K-5**

**You may find a poster like this one in the hallways of our school, in each child's classroom, and various other locations at Sherwood Forest. We also have a large wooden wheel on our school playground that serves as a strong visual reminder of these choices.**

**See [www.kelsoschoice.net](http://www.kelsoschoice.net)**

**In addition to teaching school wide social skills lessons, Mrs. Paradee and Mrs. Burgi teach small group guidance lessons and do a lot of consultations with families, as well as brief problem-solving and on-going support for students with various needs. We both look forward to another great school year and welcome any e-mails, personal visits or phone calls over any issue you would like our assistance with. We are so glad to be a part of the Sherwood Forest community of great students, families, and staff.**

**Sincerely,  
Carla Burgi, M.Ed. and Stephanie Paradee, M.Ed.  
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**Both at:(253) 945-3808**