

Northwest College Preparatory Academy



All Means All

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Northwest College Preparatory Academy

Every Student, Every Day, College Bound

Welcome to the Northwest College Preparatory Academy at Todd Beamer High School! We are excited to work with you and your child to endure success at Todd Beamer High School and in the college or university of his or her choice.

Todd Beamer's motto is "All Means All." We fully embrace that in the NWCP academy, believing that all kids can be successful. Todd Beamer's motto ties into our academy's mission, which is to prepare all students for college success. To achieve this we hold to the vision: "Every student, every day, college bound." We realize that this is a lofty goal, but we also know that being prepared to be successful in a four-year college or university program will open many doors, and may be necessary to achieve the success our students desire.



We will fulfill our vision through rigor, skills, support, and determination. Those ideals are four pillars supporting our goal, making it possible.

Rigor: In order to be ready for college success, our students will have to be accustomed to a rigorous course of study. We are committed to providing all students with a challenging and rigorous curriculum, starting with pre-advanced placement courses in ninth grade, and culminating in Advanced Placement courses in eleventh and twelfth grade. These classes will prepare them for the university or college of their choice.

Skills: In order to be successful in this rigorous curriculum, we will train students in the skills necessary to access the more complex texts and concepts they will encounter. Every NWCP student will develop effective writing, inquiry, collaboration, and reading skills in the AVID elective and in all their core classes. These skills will enable them not only to be successful in their school studies, but will prepare them to be effective learners, capable of being successful in whatever situation the future may place them.

Support: In addition to learning skills necessary for academic success, each NWCP student will receive additional support through their AVID elective. Twice per week, our students will participate in tutorial sessions with college students and community members. These tutorials, with 1 tutor for every 7 students, focus on problem solving and skills necessary to be successful in their current course work. Along with the tutorials, our academy faculty meets weekly to discuss how to facilitate success for each student in order to further support them.

Determination: Rigor, skills, and support alone cannot help us to fulfill our vision. We must also have the determination of each student to succeed. The course work may be difficult as it stretches our students beyond previous limits. But if they are determined to succeed, we can help them to prepare for college through providing rigor, skills, and support. We also depend on the determination of each family to assist their student on this journey to achieving our vision.

Through rigor, skills, support, and determination, we know that every student, every day will be college bound, because we believe that ALL truly does mean all.

Todd Beamer High School

Graduation Requirements and NWCP Course Offerings

Total Credits Required: 31.0 out of 32.0 possible

English 4.0

- Pre-AP English 9
- Pre-AP English 10
- AP Literature
- AP English Composition (Sr. Thesis)

Health/Writing 1.0

- 9th Grade Health

Fine Arts 1.0

- Elective

Social Studies 4.0

- Pre-AP Pacific Region History
- Pre-AP World History
- AP U.S. History
- AP Civics/World Problems

Occupational Ed 1.0

- Elective

Electives 12.0

- Pre-Calculus
- Calculus
- AP Biology
- AP Chemistry
- Foreign Language I
- Foreign Language II
- Foreign Language III
- Foreign Language IV
- AVID 9th
- AVID 10th
- AVID 11th
- AVID 12th

Mathematics 3.0

- Algebra
- Geometry
- Advanced Algebra

Science 3.0

- Pre-AP Earth Science
- Pre-AP Biology
- Pre-AP Chemistry

P.E. 2.0

- 9th Grade PE
- _____

WASL

Writing _____
 Reading _____
 Math _____

Graduation requirements for 2008 and beyond will also include completion of a Culminating Project and 13th Year Plan.

College Entrance Requirements

Post High School Transition Plan C

Name: _____ Date: _____

8th Grade Freshman Sophomore Junior Senior

The Career Pathway I have selected is: _____

Jobs in this career path I am considering are: _____ & _____

C. My immediate plan after graduation is: 4 year College/University – Math/Science Focus for MD or Engineering Degree

Where? _____ Major? _____

Please complete a four year high school sequence that will support your goal for life after high school graduation; your 13th Year Plan. Be careful to read all the course descriptions that are in your four –year high school sequence, so you can ensure you are preparing yourself properly.

- If you are planning to attend a four-year college/university you must include 2 years of Foreign Language, 3 years of math that includes Algebra, Geometry, and Advanced Algebra. You should plan to take at least on AP course.
- If the college/university is highly competitive, you should include 3 years of Foreign Language, 4 years of science with 1 AP course and 4 years of math up to Pre-Calculus/Calculus and more than one AP course.
- If you are hoping to play sports in college, please review the NCAA requirement section of our website.
- Due to the workload of academics you may want to consider a PE waiver.
- If you are taking Geometry as an incoming Freshman, you should begin you Science Sequence with Biology.
- Remember to take SAT and/or ACT as a junior and SAT II
- The PSAT is given in the Freshman year to all students (paid for by the district)

Each 18-week class equals 1.0 credit for a total of 8 credits per year. Core courses, plus electives should equal 32 credits at the end of four years. Please check the college entrance requirements for your specific institution and discuss this with a Career and College Specialist or Academy Principal:

NWCP Courses

<u>Grade Level</u>	<u>Course</u>
9	Pre-AP Earth Science
9	AVID
9	Pre-AP English 9
9	Pre-AP Pacific Rim History
9	Pre-AP Algebra
9	Pre-AP Geometry
9	PE
9	Health
10	Pre-AP Biology
10	Pre-AP Chemistry
10	AVID
10	Pre-AP English 10
10	Pre-AP World History
10	Advanced Algebra
10	Pre-Calculus
10	Fine Art Elective
11	AP Biology and/ or Physics
11	AP Calculus
11	AP Literature
11	AVID
11	AP US History
11	Foreign Language
12	AP Chemistry / or Physics
12	AP Civics/ Current World Problems
12	Foreign Language
12	AP English Composition (Sr. Thesis)
12	AVID
12	Elective
12	Elective

*Courses will vary from year to year based on student interest.

Northwest College Preparatory Academy

Course Descriptions

Please Note: 18 Week Course = September-January or January-June 36 Week= September-June
English

• FRESHMAN PRE-ADVANCED PLACEMENT ENGLISH

18 Week Course: 1.0 credit

This course is recommended for students who intend to register for Advance Placement (AP) English classes. It provides students the necessary skills and literary background to enter the AP class prepared for success in this challenging upper level English course. Literature selections will be primarily at grade level or above. Students will also be provided with the skills to meet state and district expectations in reading, writing, speaking, and listening. Special attention is paid to the skills assessed by the sophomore WASL and the Federal Way Course Assessments.

It is recommended that students enter this class reading at grade level as assessed by the Gates-McGinitie and writing coherent 5 paragraph essays with the appropriate content, conventions, organization, and style. Students will be reading fiction and nonfiction in a variety of genres in order to be proficient in these skills.

• SOPHOMORE PRE-ADVANCED PLACEMENT ENGLISH

18 Week Course: 1.0 credit

This course is recommended for students who intend to register for Advanced Placement (AP) English classes. It provides students with the skills and literary background to enter the AP class prepared for success in this challenging upper level English class. The literature read will be at grade level or above. Students will also be provided with skills to meet state and district expectations in reading, writing, speaking, and listening. Special attention is paid to the skills assessed by the sophomore WASL and the Federal Way Course Assessments. It is recommended that students enter this class reading at grade level as assessed by the Gates-McGinitie and writing coherent 5 paragraph essays with the appropriate content, conventions, organization, and style. Students will be reading fiction and nonfiction in a variety of genres in order to be proficient in these skills.

•ADVANCED PLACEMENT JUNIOR LANGUAGE / COMPOSITION

36 Week Course: 2.0 credits

This course will include both the reading and analysis of varieties of written prose and the study of the process of writing. There will be a variety of writing assignments calling for the use of different styles or tones. Students will spend substantial time in becoming effective writers. Masterworks of American literature will be read and analyzed.

•ADVANCED PLACEMENT SENIOR LITERATURE / COMPOSITION

36 Week Course: 2.0 credits

This course prepares the student to read and write at the level expected of students who have completed introductory college courses in composition and literature. Writing in this course will emphasize critical analysis, reading and the close textual study of European literature. Seniors selecting this course should be willing to devote a substantial amount of time to prepare.

Math

•PRE- ADVANCED PLACEMENT ALGEBRA

18 Week Course: 1.0 credit

This course is recommended for students who intend to register for Advanced Placement (AP) Calculus. It provides students with the skills and mathematical background to enter the AP class prepared for success in this challenging upper level Math class. This course is the second math class in the Pre Algebra sequence. If a student has successfully completed Pre-Algebra, he/she is ready for this class. Success in this class is important for the college bound student. This course covers the properties of the rational number system and their application to operation with algebraic expressions; linear equations, inequalities, functions and graphs; systems of linear equations and inequalities; quadratic functions and equations; operations with polynomials and factoring; radical and rational expressions and introduction to matrices. Students will be very prepared for the Math WASL and Federal Way Course Assessments upon successful completion of this class.

•PRE- ADVANCED PLACEMENT GEOMETRY

18 Week Course: 1.0 credit

This course is recommended for students who intend to register for Advanced Placement (AP) Calculus. It provides students with the skills and mathematical background to enter the AP class prepared for success. This course is the third math class in the Algebra sequence. If a student has completed Pre Algebra at a high level of proficiency, he/she is ready for this class. Success in this class is important for the college bound student. Synthetic, coordinate and transformational geometry are integrated throughout this course. Paragraph, two column, flow, coordinate and indirect proof are introduced and developed. Compass and straightedge constructions are used to discover concepts. Included are lines, planes, angles, triangles, congruence, quadrilaterals, perimeters and areas of polygons, similarity, circles, surface area and volume. Students will be very prepared for the Math WASL and Federal Way Course Assessments upon successful completion of this class.

•ADVANCED ALGEBRA

18 Week Course: 1.0 credit

Topics to be covered in this course include a complete review of all topics covered in Algebra 1 & 2. In addition, this course will include sets, inequalities, functions, logarithms, complex numbers, geometry, probability and statistics, sequences and series, advanced algebra, and an introduction to trigonometry. This program is intended to provide a sound mathematical basis for those students planning to enroll in the AP program.

•PRE-CALCULUS / TRIGONOMETRY

18 Week Course: 1.0 credit

This course focuses on the study of functions and their graphs. Polynomial, rational, exponential, logarithmic, and trigonometric functions are covered. Second session focuses on analytic trigonometry, vectors, matrices, determinants, systems of equations and inequalities, sequences, probability, statistics, and analytic geometry.

•ADVANCED PLACEMENT CALCULUS 1

36 Week Course: 2.0 credits

AP Calculus is designed to be the equivalent of a college level freshman course. The course focuses on functions, graphs, limits, derivatives and integrals. This course is taught in the fall with a review component in the spring before the AP Calculus test.

Physical Education / Health

•P.E.: CORE I

18 Week Course: 1.0 credit

Level I physical education class is required for all students as a prerequisite to the level II program. This course stresses participation and skill building as a means to staying healthy and active. A wide variety of activities such as: field sports, court games, physical conditioning, dance, and lifetime sports will be offered. These activities will be used to promote self-esteem along with successful skill development. In addition to skill building each student will participate in an individualized fitness program that is monitored and evaluated based on student achievement of personal goals. Students must meet the state essential learning requirements & the Federal Way School District standards.

Students enrolled in health will acquire skills to make responsible choices in their lives. This course will challenge students to focus on decisions that will contribute to their overall physical and social wellness. Topics will include emotional health, nutrition, weight management, alcohol/drug abuse prevention, CPR, HIV/AIDS education, human sexuality, and being a responsible adult. This course meets the district's health education requirement.

Science

•PRE- ADVANCED PLACEMENT FRESHMAN SCIENCE

18 Week Course: 1.0 credit

This course is recommended for students who intend to register for Advanced Placement (AP) Science class in the upper grades. It provides students with the skills and scientific background to enter the AP class prepared for success. This course covers Earth Science and Physical Science as described by the Federal Way Course Expectations and the WA EALRs. Students will be provided with the knowledge and skills to meet grade level state and local standards in Physical Science: properties of substances; motion of objects; speed, sound, light, and waves; systems, energy, and inquiry. In Earth Science: nature and properties of earth materials; components and patterns of the earth system; the solar system and beyond; process and interactions in the earth system; history and evolution of the earth; and inquiry. Special attention is paid to the skills assessed by the WASL and the Federal Way Course Expectations.

•PRE- ADVANCED PLACEMENT BIOLOGY

18 Week Course: 1.0 credit

This course is recommended for students who intend to register for Advanced Placement (AP) Science class in the upper grades. It provides students with the skills and scientific background to enter the AP class prepared for success. The major objective of Biology 1 & 2 is to familiarize the student with the many different forms of organisms emphasizing their similarities and differences. The course content helps develop scientific thinking skills and lab skills.

•ADVANCED PLACEMENT BIOLOGY

36 Week Course: 2.0 credits

AP Biology is a lab course designed to be the equivalent of a college biology course covering molecular and cellular biology, heredity and evolution, and organisms and population. The laboratory experiments emphasize conceptual understanding of the processes of scientific inquiry and application of biological knowledge to environmental concerns. This course is taught in the fall with a review component in the spring before the AP Biology test.

●ADVANCED PLACEMENT CHEMISTRY

36 Week Course: 2.0 credits

AP Chemistry is designed to be the equivalent of a college chemistry course and follows the national curriculum. The topics include atomic structure, periodicity, solution chemistry, equilibrium, kinetics, thermo-dynamics, electrochemistry, and organic chemistry. The laboratory experiments emphasize conceptual and practical understanding of the processes of scientific inquiry and application of knowledge of scientific concerns. This course is taught in the fall with a review component in the spring before the AP Chemistry test.

●ADVANCED PLACEMENT PHYSICS

36 Week Course: 2.0 credits

This is a college level introductory physics course comprised of both classical and modern physics. The course is covered at a college pace. Course topics include: Newtonian mechanics, thermal physics, electricity and magnetism, waves and optics, atomic and nuclear physics. The major goals of the course are understanding the basic principles involved and applying these principles in the solution of real problems.

Social Studies

●PRE- ADVANCED PL. SOCIAL STUDIES HISTORY OF THE PACIFIC REGION – FRESHMAN SOCIAL STUDIES

18 Week Course: 1.0 credit

This course is recommended for students who intend to register for Advanced Placement (AP) History classes as a junior or senior. It provides students with the critical thinking skills and social studies background to enter an AP class prepared for success in a challenging atmosphere. This course provides students with the skills to meet state and district expectations in world history, economics, civics, and world geography. Special attention is paid to the skills outlined in the Federal Way Course Expectations and the EALRs.

●PRE- ADVANCED PLACEMENT SOCIAL STUDIES WORLD HISTORY – SOPHOMORE SOCIAL STUDIES

18 Week Course: 1.0 credit

This course is recommended for students who intend to register for Advanced Placement (AP) History classes as a junior or senior. It provides students with the critical thinking skills and social studies background to enter an AP class prepared for success in a challenging atmosphere. This course provides students with the skills to meet state and district expectations in Pacific Northwest history, economics, civics, and world geography. Special attention is paid to the skills outlined in the Federal Way Course Expectations and the EALRs.

●ADVANCED PLACEMENT U.S. HISTORY 1

36 Week Course: 2.0 credits

This program has been designed for the academically able pupil with a special interest in this area. Major areas covered with include: America Revolution, Constitutional Period, Federalist Era, Civil War and Reconstruction, The West Rise of Industrialism, Imperialism, World War I, The Depression, World War II, Cold War and Modern America. There will be class discussions, lectures, assigned reading and research projects. Students who elect to take this course should be willing to devote a substantial amount of time to prepare, as this is a college-level course.

AVID Elective

36 Week Course: 2.0 Credits

Each NWCP student will be enrolled in an AVID elective. AVID is a fifth- through twelfth-grade program to prepare students for four-year college eligibility and success. It has a proven track record in bringing out the best in students, and in closing the achievement gap. AVID stands for Advancement Via Individual Determination.

NWCP students are enrolled in their school's toughest classes, such as Pre-Advanced Placement and Advanced Placement courses. In order to help them succeed in the advanced and rigorous curriculum, all NWCP students will take the AVID elective. For one period a day, they learn organizational and study skills, work on critical thinking and asking probing questions, get academic help from peers and college tutors, and participate in enrichment and motivational activities that make college seem attainable. Through AVID they become academically successful leaders and role models for other students.

The AVID curriculum, based on rigorous standards, was developed by middle and senior high school teachers in collaboration with college professors. It is driven by the WIC-R method, which stands for writing, inquiry, collaboration, and reading. AVID curriculum is used in AVID elective classes, in content-area classes in our academy, so that students get accustomed to using effective learning strategies in all content areas. The AVID elective provides the skills and support necessary to succeed in our most challenging and rigorous classes.

•JAZZ BAND / INSTRUMENTAL ENSEMBLE (0 hour or after school class) (Fine Arts Credit)

36 Week Course: 1.0 credit

This is an advanced performance class, which will rehearse and perform a wide variety of Jazz styles. Enrollment is by audition only and will be based on standard Jazz Band instrumentation needs. Rehearsals will generally take place during class and all public performances, concerts, contests are all required as part of the course grade. Students will be required to do individual practice and must be willing to commit to meeting a high level of performance expectations. Concert attire is required.

•JAZZ/VOCAL ENSEMBLE (Zero hour or after school class) (Fine Arts Credit)

36 Week Course: 1.0 credit

This class is an advanced performance class which will rehearse and perform a wide variety of Jazz and Chamber music styles. Advanced vocal ability is required. Entrance is by audition only and instructor approval. Public performances are frequent with many taking place outside of school hours. Expectations include a voice with a pleasing tone and an accuracy of pitch. Students must be willing to work hard. Opportunities for solo and small ensemble work are provided as part of the class. All rehearsals, performances and concerts are required as part of the class. Concert attire is required.

• TRAFFIC SAFETY – AFTER SCHOOL

Must be 15 years old Cost is \$350: Credit may be given – check with your academy principal

Traffic Safety Education consists of two areas of instruction: Classroom and Behind the Wheel Instruction (Driving). All traffic safety classroom sessions will be held after school, except summer school. Classroom sessions are two hours in length, twice a week for nine weeks. Students will receive 36 hours of classroom instruction, 8 hours of observation in the traffic car, and 5 hours of actual behind the wheel driving time. Fees must be paid before or at the time of registration. At the completion of this course, the student will receive a completion form. If the student is 16 years of age, they may apply for a driver's license at the State Department of Licensing. For further information, please call 945-5731.

13th Year Plan and Culminating Project

Vision: All students will understand “the link between their personal efforts and performance in school and their decisions about future career and educational opportunities.”

8 th Grade	9 th Grade	10 th Grade	11 th Grade	12 th Grade	13 th Year Plan
<ul style="list-style-type: none"> Data sheet – on-going list of activities, honors, awards, clubs, off-campus activities, sports, attendance, etc. 	<ul style="list-style-type: none"> Data sheet – on-going list of activities, honors, awards, clubs, off-campus activities, sports, attendance, etc. 	<ul style="list-style-type: none"> Data sheet – on-going list of activities, honors, awards, clubs, off-campus activities, sports, attendance, etc. 	<ul style="list-style-type: none"> Data sheet – on-going list of activities, honors, awards, clubs, off-campus activities, sports, attendance, etc. 	<ul style="list-style-type: none"> Data sheet – on-going list of activities, honors, awards, clubs, off-campus activities, sports, attendance, etc. 	<ul style="list-style-type: none"> Final Data Sheet
<ul style="list-style-type: none"> Begin to accumulate names and address of recommendations, on-going and update yearly 	<ul style="list-style-type: none"> Continue to accumulate names and address of recommendations, on-going and update yearly Write resume 	<ul style="list-style-type: none"> Continue to accumulate names and addresses of recommendations, on-going and update yearly: obtain 1 letter of recommendation Update resume 	<ul style="list-style-type: none"> Continue to accumulate names and addresses of recommendations, on-going and update yearly: obtain additional letters of recommendation Update resume 	<ul style="list-style-type: none"> Continue to accumulate names and addresses of recommendations, on-going and update yearly: obtain additional letters of recommendation Update resume 	<ul style="list-style-type: none"> Letters of recommendation (at least 2) Resume
<ul style="list-style-type: none"> Letter of introduction, on-going and update yearly 	<ul style="list-style-type: none"> Letter of introduction, on-going and update yearly 	<ul style="list-style-type: none"> Letter of introduction, on-going and update yearly 	<ul style="list-style-type: none"> Letter of introduction, on-going and update yearly OR College essay OR Personal essay 	<ul style="list-style-type: none"> Letter of introduction, on-going and update yearly OR College essay or personal essay 	<ul style="list-style-type: none"> College essay/ personal essay
<ul style="list-style-type: none"> High school scheduling Career exploration 	<ul style="list-style-type: none"> High school Goal Timeline -awareness of co-curriculum activities -listen to 12th graders -high school scheduling Interest survey Job application 	<ul style="list-style-type: none"> College fairs and/or Career Fairs Career search -college -cost -job potential -research -preparation/training -rationale Begins scholarship search 	<ul style="list-style-type: none"> Visit recruiter Job shadow Continues scholarship search 	<ul style="list-style-type: none"> Visit recruiter SAT/ACT if needed ASVAB if needed Completes scholarship forms 	<ul style="list-style-type: none"> Student selects 13th year program -4-year college -community/technical college -work/career -apprenticeship -military -other
<ul style="list-style-type: none"> Pass/Fail 7th grade WASL -Accelerated learning plan yes/no -Academic goal setting 	<ul style="list-style-type: none"> Fail 7th grade WASL -Review accelerated learning plan -Academic goal setting 	<ul style="list-style-type: none"> Fail 7th grade WASL - Review accelerated learning plan -Academic goal setting 	<ul style="list-style-type: none"> Pass 10th grade WASL -Continue 4-year graduation trajectory Fail 10th grade WASL -Review accelerated learning plan -Academic goal setting 	<ul style="list-style-type: none"> Pass 10th grade WASL -Continue 4-year graduation trajectory Fail 10th grade WASL -Review accelerated learning plan -Academic goal setting 	<ul style="list-style-type: none"> Pass WASL
	<ul style="list-style-type: none"> Transcript check 	<ul style="list-style-type: none"> Transcript check 	<ul style="list-style-type: none"> Transcript check 	<ul style="list-style-type: none"> Transcript check 	<ul style="list-style-type: none"> Transcript 31 credits
<ul style="list-style-type: none"> Prepare for Student Led Conference in each content area using checklist for Master Portfolio 	<ul style="list-style-type: none"> Prepare for Student Led Conference in each content area using checklist for Master Portfolio 	<ul style="list-style-type: none"> Prepare for Student Led Conference in each content area using checklist for Master Portfolio 	<ul style="list-style-type: none"> Prepare for Student Led Conference in each content area using checklist for Master Portfolio 	<ul style="list-style-type: none"> Prepare for Student Led Conference in each content area using checklist for Master Portfolio 	<ul style="list-style-type: none"> Culminating Project

How You Can Help Your Student Succeed

1. Support child with a quiet space to study for 90 minutes a day.
2. Communicate with child everyday: What did you learn today? How is it important? What is your homework?
3. Reward children for positive behavior and improved performance for achieving both small and large gains of success.
4. Monitor child's use of the Internet, so that parents are aware of children's surf time.
5. Encourage child to go to bed early, so they get a good night's sleep.
6. Eat a hearty breakfast and discuss with them healthy choices for lunch, beverage and snack purchases at the Student Store and the Servedy.
7. Encourage students to stay after school with Study Hall and/or Titan Quest Monday—Thursday for a quiet place to work with effective instructional coaching by the Americorps tutors and NWCP teachers.
8. Encourage your child to make a positive difference in our community.

TBHS Bell Schedule '06 – '07

School Hours 7:25 – 2:05

Mon., Weds. & Fri. Schedule

Warning Bell	7:20AM	
<i>Period 1</i>	7:25AM	8:55AM
Passing	8:55AM	9:00AM
<i>Period 2</i>	9:00AM	10:30AM
Passing	10:30AM	10:35AM
<u>1st Lunch*</u>	10:35AM	11:10AM
<i>Period 3</i>	11:10AM	12:30PM
<u>2nd Lunch*</u>	11:00AM	11:35AM
<i>Period 3</i>	10:35AM	12:30PM
<u>3rd Lunch*</u>	11:30AM	12:05PM
<i>Period 3</i>	10:35AM	12:30PM
<u>4th Lunch*</u>	11:55AM	12:30PM
<i>Period 3</i>	10:35AM	11:55AM
Passing	12:30PM	12:35PM
<i>Period 4</i>	12:35PM	2:05PM

Tues. & Thurs. *Advisory* Schedule

Warning Bell	7:20AM	
<i>Period 1</i>	7:25AM	8:40AM
Passing	8:40AM	8:45AM
<i>Advisory</i>	8:45AM	9:15AM
Passing	9:15AM	9:20AM
<i>Period 2</i>	9:20AM	10:35AM
Passing	10:35AM	10:40AM
<u>1st Lunch*</u>	10:40AM	11:15AM
<i>Period 3</i>	11:15AM	12:45PM
<u>2nd Lunch*</u>	11:10AM	11:45AM
<i>Period 3</i>	10:40AM	12:45PM
<u>3rd Lunch*</u>	11:40AM	12:15PM
<i>Period 3</i>	10:40AM	12:45PM
<u>4th Lunch*</u>	12:10PM	12:45PM
<i>Period 3</i>	10:40PM	12:10PM
Passing	12:45PM	12:50PM
<i>Period 4</i>	12:50PM	2:05PM

- *First Lunch: Math, Science, Health, & Fitness Academy
- *Second Lunch: Puget Sound Business & Industry Academy
- *Third Lunch: NW Prep Academy
- *Fourth Lunch: Humanities & Arts Academy

NWCP Contact Information

Brower, David	Academy Principal	dbrower@fwps.org	945-3170
Hines, John	Social Studies, AVID	jhines@fwps.org	945-3172
Ispass, Adele	Math	aispass@fwps.org	945-3179
Kilcup, Mark	Science	mkilcup@fwps.org	945-3174
Kulaas, Adam	AVID, PE/Health	akulaas@fwps.org	945-3180
Lucas, Brent	PE/ Health	blucas@fwps.org	945-3173
Mongrain, Fonda	Career/College Counselor	fmongrain@fwps.org	945-3182
Rojas, Evelyn	Office Manager	erojas@fwps.org	945-3191
Simpson, Shawn	English, AVID	ssimpson@fwps.org	945-3178
Turner, Patrice	Math	pturner@fwps.org	945-3171

Academy Office:

Phone: 253-945-3191

Fax: 253-945-3189

TBHS Main Office:

Phone: 253-945-2570

Fax: 253-945-2599

School Nurse:

Phone: 253-945-2583

Fax: 253-945-2599

Athletic Director:

Phone: 253-945-2980

Fax: 253-945-2999

School Resource Officer:

Phone: 253-945-2580

Community & Web Resources

Educational Resources:

Advanced Placement: <http://www.collegeboard.com/student/testing/ap/about.html>

PSAT: <http://www.collegeboard.com/student/testing/psat/about.html>

SAT: <http://www.collegeboard.com/student/testing/sat/about.html>

ACT: <http://www.actstudent.org/>

AVID: <http://www.avidonline.org/>

Family Resources:

Free & Reduced Lunch: <http://schools.fwps.org/tbhs/static/freereducedlunch.htm>

Federal Financial Aid: <http://www.ed.gov/index.jhtml>

FWPS Family Partnership Office: <http://fwps.org/info/family/whateveryparent.html>

Parent & Student Support: <http://www.parentnetassociation.org/>

Scholarship Database: <http://www.scholarships.com/>

Grades Online: <http://grades.fwps.org/>

Puget Sound Educational Service District: <http://www.psesd.org/>

Family Counseling: <http://www.valleycities.org>

FWPS Community Relations Office: <http://fwps.org/dept/comm/>

WA State PTA: <http://www.wastatepta.org/>

English Language Learners Program: <http://fwps.org/dept/ell/>

Ex3 Ron Sandwith Teen Center: <http://www.ex3live.com/index.htm>

Crisis Clinic: <http://www.crisisclinic.org/main.html>